

## Medical History Form - BOTOX®

Name: \_\_\_\_\_ Chart: \_\_\_\_\_ Date: \_\_\_\_\_  
DOB: \_\_\_\_\_ Social Security: \_\_\_\_\_ Primary Care Doctor: \_\_\_\_\_  
Primary Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
Pharmacy: \_\_\_\_\_  
Emergency Contact (name and phone): \_\_\_\_\_

List all medications you are taking (including prescription, homeopathic, Retin A, Glycolic Acid, Acutane, Aspirin, Ibuprofen, Vitamins, and all other over the counter medications): \_\_\_\_\_  
\_\_\_\_\_

List all MEDICATION, FOOD and MAKEUP allergies: \_\_\_\_\_  
\_\_\_\_\_

Have you ever had a MRSA (staph) infection?  No  Yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

What skin care products do you use? \_\_\_\_\_  
\_\_\_\_\_

Do you have any of the following conditions? (please check Yes or No)

- | Yes                      |                          | No                        |       | Yes                      |                          | No                            |  |
|--------------------------|--------------------------|---------------------------|-------|--------------------------|--------------------------|-------------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Dry Eye, use drops?       | _____ | <input type="checkbox"/> | <input type="checkbox"/> | Headaches                     |  |
| <input type="checkbox"/> | <input type="checkbox"/> | Corneal Abrasion, when?   | _____ | <input type="checkbox"/> | <input type="checkbox"/> | TMJ/Jaw Pain                  |  |
| <input type="checkbox"/> | <input type="checkbox"/> | Eye Surgery/Injury, when? | _____ | <input type="checkbox"/> | <input type="checkbox"/> | Bell's Palsy/Facial Paralysis |  |
| <input type="checkbox"/> | <input type="checkbox"/> | High/Low Blood Pressure   |       | <input type="checkbox"/> | <input type="checkbox"/> | Chemo/Radiation (ever)        |  |
| <input type="checkbox"/> | <input type="checkbox"/> | Circulatory Problems      |       | <input type="checkbox"/> | <input type="checkbox"/> | Use of Tobacco Products       |  |
| <input type="checkbox"/> | <input type="checkbox"/> | Fainting/Dizzy Spells     |       | <input type="checkbox"/> | <input type="checkbox"/> | Facial Cosmetic Surgery       |  |
| <input type="checkbox"/> | <input type="checkbox"/> | Bleeding Disorders        |       | <input type="checkbox"/> | <input type="checkbox"/> | Pregnant or Nursing           |  |

Diagnosed with any peripheral motor neuropathic diseases that affect your muscles and nerves, such as: ALS, LOU GEHRIG'S DISEASE, MYASTHENIA GRAVIS, OR LAMBERT EATON SYNDROME

Have you had any type of LASER, PHOTOFACIAL, BOTOX, DYSPORT, RESTYLANE, RADIESSE, SCULPTRA, HYLAFORM, PERLANE, COLLAGEN, SILICONE, JUVEVERM, ARTEFILL, or any other cosmetic/plastic/reconstructive surgery procedures performed on your face or have scheduled in the future?  No  Yes, if so:

Which procedures? \_\_\_\_\_  
\_\_\_\_\_

Where on your face? \_\_\_\_\_

When was the procedure performed or scheduled? \_\_\_\_\_

Were you pleased with the results?  No  Yes

Any complaints/concerns: \_\_\_\_\_

Any medical concerns about the procedure(s) you are interested in today? \_\_\_\_\_  
\_\_\_\_\_

Who should we thank for referring you to our office? \_\_\_\_\_

## BOTOX® MENU

- **Forehead Lines:** freeze lines across the top and middle of the forehead preventing them from contracting and reducing deep lines and wrinkles (typically **10-20** units)
- **Elevens (Glabellar Lines):** improve vertical lines between the eyebrows that resemble the number 11 due to squinting and frowning (typically **12-20** units)
- **Brow Lift:** creates a lifting effect of the brow by relaxing muscles in the lower forehead and outer tail of the eyebrows (typically **8-16** units)
- **Crow's Feet:** reduce the visibility of fine lines on the outside corners of the eye (typically **12-24** units)
- **Bunny Lines:** reduce lines across the bridge of the nose from scrunching (typically **4-8** units)
- **Lip Flip:** relax the muscles that connect to the upper lip, allowing the lip to relax and curl outward, thereby appearing larger and more defined in shape (typically **4-6** units)
- **Lower Lip Flip:** accentuate the lower lip (typically **2-4** units)
- **Smile Lift:** improve resting scowl and the appearance of a downward turn to the mouth (typically **4-8** units)
- **Gummy Smile:** relax the muscles and limit the rise of the upper lip when smiling (typically **4-8** units)
- **Dimpled Chin:** relax the muscles in the chin to prevent it from contracting too much (typically **4-8** units)
- **Neck Bands:** relax muscles in the neck, making them less prominent and resulting in smoother neck (typically **20-50** units)
- **Jaw Thinning (Masseter):** slim and contour the muscles at the back of the jaw which can give the face a square shape (typically **30-60** units)
- **TMJ (Temporalis):** decrease pain due to jaw tension, teeth grinding and stress (typically **40-80** units)

## BOTOX® PRICING

- **\$12 Per Unit:** Units 1-50 (\$600 max)
- **\$11 Per Unit:** Units 51-75 (\$275 max)
- **\$10 Per Unit:** Units 76 and over

## BOTOX® PATIENT INFORMATION

BOTOX® is a trade name for the injectable serum; dilute Botulinum toxin, used successfully for more than a decade in children and adults to correct facial muscle spasms and muscle imbalance. The most common use of this serum is to soften frown and smile lines, as well as the treatment of hyperhidrosis (excessive sweating). Minute amounts of BOTOX® relax and weaken those facial muscles responsible for the wrinkles that come and go when we smile, laugh, or frown. Although side effects and complications have been minimal, please be aware of the following:

- Results usually last between 3-4 months. To maintain the effect, repeat injections are necessary. It has been found that over time, the effects of BOTOX® last longer.
- Mild bruising or swelling at the injection site can occur, but will resolve within a few days.
- Infection is a theoretical risk with any injection, but significant infection has not been reported with BOTOX®.
- “Laugh lines” or “crow’s feet” are the fine wrinkles that radiate out from the corners of the eye. Since BOTOX® placed near muscles involved in smiling, asymmetry of facial expression may occur. This effect is temporary and will resolve over several weeks.
- Forehead lines are caused by the muscle which goes across the forehead. BOTOX® may move somewhat irregularly across the muscle, causing asymmetry or drooping of the eyebrows or lids. If drooping occurs, it will resolve over several week.
- Patients with neurological disorders such as myasthenia gravis, ALS/Lou Gehrig's disease, or Lambert-Eaton syndrome may not be appropriate candidates for BOTOX® therapy. **You should notify us if you have been diagnosed or treated for this or other neurological conditions as you may be at increased risk of serious side effects, including difficulty swallowing and difficulty breathing.**
- **Tell your doctor if you received any other botulinum toxin product in the last 4 months;** have received injections of botulinum toxin such as Myobloc®, Dysport®, or Xeomin® in the past (tell your doctor exactly which product you received); **have recently received an antibiotic by injection; take muscle relaxants; take aspirin-like products or blood thinners.**
- **Tell your doctor about all your medical conditions, including if you:** have or have had bleeding problems; have plans to have surgery; had surgery on your face; weakness of forehead muscles; trouble raising your eyebrows; drooping eyelids; any other abnormal facial change; are pregnant or plan to become pregnant (it is not known if BOTOX® can harm your unborn baby); are breastfeeding or plan to (it is not known if BOTOX® passes into breast milk).
- **Tell your doctor about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. Using BOTOX® with certain other medicines may cause serious side effects. Do not start any new medicines until you have told your doctor that you have received BOTOX® in the past.

## POST-BOTOX® INSTRUCTIONS

- Exaggerate your facial expressions for 1 hour after injection. This helps BOTOX® absorb into the targeted muscles.
- Remain upright for 4 hours after injection. Do not lie down or bend over for extended periods of time as this may cause the injection to migrate to other areas of the face.
- DO NOT exercise for 24 hours after injection.
- DO NOT take ibuprofen, aspirin, or vitamin E for 24 hours after injection.
- DO NOT massage or manipulate sites for 48 hours after injection.
- If slight bruising occurs at the injection site, it is very common and may be gently covered with makeup. This should resolve in a few days.
- Results are expected within 3 to 10 days after injection; however, it can take up to 2 weeks for full effect.
- Results usually last between 3-4 months. To maintain the effect, repeat injections are necessary. It has been found that over time, the effects of BOTOX® last longer.

**BOTOX® may cause serious side effects that can be life threatening. Get medical help right away if you have any of these problems any time (hours to weeks) after injection of BOTOX®:**

- Problems swallowing, speaking, or breathing, due to weakening of associated muscles, can be severe and result in loss of life. You are at the highest risk if these problems are pre-existing before injection. Swallowing problems may last for several months
- Spread of toxin effects. The effect of botulinum toxin may affect areas away from the injection site and cause serious symptoms including: loss of strength and all-over muscle weakness, double vision, blurred vision and drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, trouble breathing, and trouble swallowing.
- Call our office immediately if you experience any of these problems. Main office line 806.791.0188. After hours line (emergency only) 806.454.7411.