Philip A. Scolaro, M.D. David W. Cuthbertson, M.D. Otolaryngology Head and Neck Surgery



Cathy M. Thackrey, Au.D., CCC-A Audiology Hearing Aids

Surgery Information Sheet

Surgery Date:	

Prior to Surgery:

- Patients are required to pre-register with all surgery centers at least 24 hours prior to surgery. If you are unable to pre-register at least 24 hours in advance, please contact the surgery center to make alternate arrangements.
- Patients should refrain from taking Meloxicam, fish oil, aspirin or medications that contain aspirin for at least *five days* prior to surgery. Patients taking prescription blood thinners will need to stop 5 days prior to surgery unless otherwise instructed. Clearance must be obtained from prescribing physician prior to stopping these medications.
- Patients should refrain from taking any GLP-1 Agonists and/or any appetite suppressants (such as Trulicity, Ozempic, Phentermine, etc) which are commonly prescribed for diabetes management or weight loss for at least 7 days prior to surgery.
- Contact the surgery facility with any questions regarding facility charges and/or payment plans prior to surgery.
- Please DO NOT eat or drink anything after midnight prior to surgery.
- Make arrangements for a responsible person to take you home after the surgery as you will not be allowed to drive yourself.
- Do not wear jewelry or bring valuables with you.
- On the morning of surgery, report to the appropriate facility at your assigned time. PLEASE DO NOT BE LATE.

Pre-Op by Phone: Our office will contact you a 2-3 days prior surgery. You will be given instructions and a time to report to the facility for surgery. All prescriptions will be sent to your pharmacy of choice at this time. You must complete pre-registration with the facility prior to the day of surgery. If required, pre-op labs must be completed at least 7 but no more than 30 days prior to surgery, unless otherwise instructed (children usually do not require lab work prior to surgery).

Insurance and Scheduling: We will schedule your surgery with the facility and obtain prior authorization if your insurance company requires this. If you have insurance, our staff will contact them to verify your benefits and provide you with an estimate for our part of the surgery. This fee MUST be paid at least one day prior to surgery and is determined by your deductible and/or coinsurance maximum. The facility will contact you separately with an estimate for their part of the surgery. You will pay their estimate directly to the facility on the day of surgery. You will NOT receive an estimate for anesthesia prior to surgery as these charges are determined by the actual length of the procedure. You will receive a bill for these services in the weeks following surgery. You might also receive a bill for pre-operative labwork or pathology (if applicable to your case). If you have any questions regarding your surgery, please contact:

CHELSEY CAIN SURGERY COORDINATOR Surgery@EntLubbock.com 806-791-0188 Cancellation Policy: We request that you please give our office at least 3 business days notice in the event that you need to cancel or reschedule your surgery. If the scheduled surgery is missed or cancelled (other than at the discretion of the doctor) with less than 72 hours notice, a \$250 cancellation fee will be charged.

Covenant High Plains Surgery Center (Quaker Campus) 2301 Quaker Avenue Lubbock, TX 79410 (806) 725-8801

Please report to MOB Suite 104, located at 4102 24th Street, at least one week prior to surgery to complete lab work if required. Preregistration can be completed by going to www.onemedicalpassport.com/?fid=2569 or you may go directly to the facility to pick up the paperwork packet. Please make sure you complete registration at least 2 days prior to surgery. Contact the surgery center with any questions about pre-registration.

Covenant High Plains Surgery Center (22nd Street Campus) 3610 22nd Street Lubbock, TX 79410 (806) 776-4772

Please report to MOB Suite 104, located at 4102 24th Street, at least one week prior to surgery to complete lab work if required. Preregistration can be completed by going to www.onemedicalpassport.com/?fid=925 or you may go directly to the facility to pick up the paperwork packet. Please make sure you complete registration at least 2 days prior to surgery. Contact the surgery center with any questions about pre-registration.

Covenant Medical Center 3615 19th Street Lubbock, TX 79410 (806) 725-1011

Please report to the Surgical Assessment Clinic, located at 3506 21st Street, Suite 102 in the Lubbock Diagnostic Clinic (LDC) building, for pre-registration prior to surgery. The morning of surgery, go to Covenant Medical Center (main campus), outpatient admitting area on the 1st floor (next to the gift shop) to check in. After checking in, you will be directed to the 2nd floor waiting room.

Covenant Woman's and Children's 4015 22nd Place Lubbock, TX 79410 (806) 725-7040

Surgical Assessment Services will contact you regarding pre-registration prior to surgery.

ENT Associates 3802 22nd Street, Ste. 200 Lubbock, TX 79410 (806) 791-0188

Our office will call you the day prior to your procedure to give an arrival time and prescribe any medications you will need, if applicable. We will also go over all instructions for your procedure. In-office procedures are done using local anesthesia, therefore fasting is not required.

AFTER HOURS ON-CALL ENT (FOR POST-OPERATIVE EMERGENCIES ONLY): 806-454-7411